

# Legacy Laboratory Services

## Legacy Lab Alert

August 2019

An Important Update from Legacy Laboratory Services

### Update: Specific Allergens Added to Food Panels

Effective August 20, 2019, Legacy Laboratory Services will update two allergy panels, **Food** and **Seafood**, in order to be consistent with other food panels in the region. In addition, a new specific Immunoglobulin E (IgE) allergen, **salmon**, will be added to Legacy's test menu.

- **Food Panel:** Five allergens will be added to the panel (Table 1). The minimum serum or plasma volume will increase from 1.5 mL to **2.0 mL**. The preferred volume will increase from 3.0 mL to **4.0 mL**.
- **Seafood (NW Food) Panel:** The new allergen, salmon, will be added to the seafood panel. Specimen requirements will not change.

Table 1: Specific Allergens Added to Allergy Panels

Allergy Panel	Current Allergens	New Allergens Added to Panel
<b>Food</b> (Mnemonic: <b>FOOD ALLG</b> )	Total IgE, Clam, Cod Fish, Corn, Egg Whites, Milk (Cows), Peanut, Scallop, Sesame Seed, Shrimp, Soybean, Walnut, Wheat	<ul style="list-style-type: none"><li>• Almond</li><li>• Cashew</li><li>• Hazelnut</li><li>• <b>Salmon</b></li><li>• Tuna</li></ul>
<b>Seafood (NW Food)</b> (Mnemonic: <b>NW FOOD</b> )	Total IgE, Clam, Crab, Cod Fish, Scallop, Shrimp	<ul style="list-style-type: none"><li>• <b>Salmon</b></li></ul>

For additional information, please contact your account representative, client services or consult our website: Legacy Laboratory Client Services: 503-413-1234, 877-270-5566, [www.legacyhealth.org/labservices](http://www.legacyhealth.org/labservices)